



NORTH
KNOX
JR/SR HIGH

MARCH 2024

BREAKFAST/LUNCH MENU

MARCH 11-15

Powering
potential.

BREAKFAST

TACO/HOME

SANDWICH

SUB/SALAD

PIZZA

	MON	TUES	WED	THURS	FRI
BREAKFAST	Breakfast Pizza Breakfast Sandwich Banana Muffin Blueberry Parfait	Sugar Cinnamon Donut Breakfast Sandwich Banana Muffin Strawberry Parfait	Egg Omelet Breakfast Sandwich Banana Muffin Peach Parfait	Pancake Bites Breakfast Sandwich Banana Muffin Blueberry Parfait	Biscuits & Gravy Breakfast Sandwich Banana Muffin Strawberry Parfait
TACO/HOME	Walking Taco Tacos Nachos Taco Salad	Popcorn chicken bowl With roll	Chicken Enchiladas Tacos Nachos	General Tso Sweet & Sour Popcorn Chicken with rice Steamed Broccoli	Beef Quesadilla Tacos Nachos Taco Salad
SANDWICH	Cheeseburger Regular & spicy Chicken Chicken tenders Mini Corn Dogs	Cheeseburger Regular & Spicy Chicken Chicken strips BBQ Rib Sandwich	Cheeseburger Regular & Spicy Chicken Chicken Tenders Bacon Cheeseburger	Cheeseburger Regular or Spicy Chicken Chicken Tenders BBQ Pulled Pork	Cheeseburger Regular or Spicy Chicken Chicken Tenders Fish Sandwich
SUB/SALAD	Turkey Cheese Sub Turkey Chef	Turkey Cheese Sub Turkey Chef	Turkey Cheese Sub Turkey Chef	Turkey & Cheese Sub Turkey Chef Salad	Turkey & Cheese Sub Turkey Chef Salad
PIZZA	Ham Hawaiian Pizza Cheese Pizza Pepperoni Pizza	Bosco Sticks Cheese Pizza Pepperoni Pizza	Meat Lovers Pizza Cheeses Pizza Pepperoni Pizza	Chicken Mac & Cheese Cheese Pizza Pepperoni Pizza	Beef Chili Lime Pizza Cheese Pizza Pepperoni Pizza

Menus are subject to change.

All Meals Must Include
Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

aramark
STUDENT
NUTRITION

This institution is an equal
opportunity providers

