



NORTH
KNOX
JR/SR HIGH

March 2024

BREAKFAST/LUNCH MENU

MARCH 4-8

Powering
potential.

BREAKFAST

TACO/HOME

SANDWICH

SUB/SALAD

PIZZA

	MON	TUES	WED	THURS	FRI
BREAKFAST	French Toast Sticks Breakfast Sandwich Apple Muffin Blueberry Parfait	Breakfast Pizza Breakfast Sandwich Apple Muffin Strawberry Parfait	Egg Omelet Breakfast Sandwich Apple Muffin Peach Parfait	Pancake on a Stick Breakfast Sandwich Apple Muffin Blueberry Parfait	Biscuits & Gravy Breakfast Sandwich Apple Muffin Strawberry Parfait
TACO/HOME	Walking Taco Tacos Nachos Taco Salad	Baked potato bar With roll	Chicken Quesadilla Tacos Nachos Taco Salad	BBQ Pulled Pork Macaroni & Cheese Green Beans	Chicken Fajita Tacos Nachos Taco Salad
SANDWICH	Cheeseburger Regular & Spicy Chicken Chicken Tenders Mini Corn Dogs	Cheeseburger Regular & Spicy Chicken Chicken Tenders BBQ Rib Sandwich	Cheeseburger Regular & Spicy Chicken Chicken Tenders Bacon Cheeseburger	Cheeseburger Regular & Spicy Chicken Chicken Tenders BBQ Pulled Pork	Cheeseburger Regular & Spicy Chicken Chicken Tenders Fish Sandwich
SUB/SALAD	Ham & Roast Beef Sub Egg Chef Salad	Ham & Roast Beef Sub Egg Chef Salad	Ham & Roast Beef Sub Egg Chef Salad	Ham & Roast Beef Sub Egg Chef Salad	Ham & Roast Beef Sub Egg Chef Salad
PIZZA	Sausage Pizza Cheese Pizza Pepperoni Pizza	Bosco Sticks Cheese Pizza Pepperoni Pizza	Cheeseburger Pizza Cheese Pizza Pepperoni Pizza	BBQ Chicken Pizza Cheese Pizza Pepperoni Pizza	Beef Taco Pizza Cheese Pizza Pepperoni Pizza

Menus are subject to change.

All Meals Must Include
Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk



This institution is an equal
opportunity providers

